

Resources for Individual Practitioners

In the chart below you will find specific activities and resources for each action of the Rise to Health Coalition.

ACTION: Commit to Acting for Equity	
Activity	Resource
Commit to acting for equity by joining the Rise to Health Coalition	Sign up and become a member of the Rise to Health Coalition <ul style="list-style-type: none"> • Join the Rise to Health Coalition
ACTION: Getting Grounded in History & Your Local Context: Get grounded in the collective history of racism and other inequities present in your environment	
Activity	Resource
Tier I Activity: Engage in educational and professional development opportunities that equip health care professionals to advance racial justice and health equity	Report: The Groundwater Approach: building a practical understanding of structural racism. Webinars: National Health Equity Grand Rounds Online Courses: <ul style="list-style-type: none"> • IHI TA 104: Building Skills for Anti-Racism Work: Supporting the Journey of Hearts, Minds, & Action • AMA Course: Basics of Health Equity Course
Tier I Activity: Use self-assessment tools to identify areas for improvement	TBD

<p>Tier II Activity (6 mos): Identify and join an interprofessional equity community for mutual learning, support, practice, advocacy, and/or collective effort</p>	<p>Enroll in the Individual Peer Affinity Group: Conversations in Healthcare on Equity</p>
<p>Tier III Activity (12+ mos): Identify historical and contemporary examples of inequitable harms in national, local, and organizational policies and practices</p>	<p>Report: The Groundwater Approach: building a practical understanding of structural racism.</p> <p>Webinars: National Health Equity Grand Rounds</p> <p>Online Courses:</p> <ul style="list-style-type: none"> • IHI TA 104: Building Skills for Anti-Racism Work: Supporting the Journey of Hearts, Minds, & Action • AMA Course: Basics of Health Equity Course • Antiracism in Health Care Curriculum
<p>ACTION: Identify Opportunities for Improvement: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed</p>	
<p>Activity</p>	<p>Resource</p>
<p>“Starter” or Tier I Activity: Learn about strong practices for taking action to address inequities, including communication, shared decision-making, and interprofessional collaboration</p>	<p>Tools: IHI 3-Part Data Review</p> <p>Course: AMA Course: Equity Informed High Reliability Course</p>
<p>“Starter” or Tier I Activity: Identify and report inequities in patient care using patient safety/sentinel event mechanism at your institution or externally</p>	<p>TBD</p>

ACTION: Taking Initiative with Others: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed	
Activity	Resource
“Starter” or Tier I activity: Identify potential solutions with the team, prioritize them and test one of them to address the inequity.	Enroll in the Individual Peer Affinity Group: Conversations in Healthcare on Equity
Tier II Activity (6 mos): Learn how to measure, evaluate, and share your equity work, including through storytelling	
Tier II Activity (6 mos): Know what resources are available to you for help and support if experiencing harm in doing equity work, and share these resources with your interprofessional equity community	
Tier III Activity (12+ mos): Evaluate your impact and share your learning	
ACTION: Align, Invest, and Advocate for Thriving Communities: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed	
Activity	Resource
“Starter” or Tier I activity: Build momentum for this coalition by inviting your colleagues and your organization to participate	Sign up and become a member of the Rise to Health Coalition <ul style="list-style-type: none"> • Join the Rise to Health Coalition
Tier II Activity (6 mos): Participate in civic	Sign up for Vot-ER .

<p>engagement (e.g., by voting, local policymaking, community organizing)</p>	<p>Vot-ER develops nonpartisan civic engagement tools and programs for every corner of the healthcare system—from private practitioners to medical schools to hospitals.</p>
<p>Tier III Activity (12+ mos): Advocate for reforms to address social and structural drivers of health at the national, state, and/or local levels</p>	<p>Become a member of your professional society</p>
<p>Tier III Activity (12+ mos): Advocate for reforms to diversify the health care workforce</p>	<p>Become a member of your professional society</p>