

Resources for Individual Practitioners

In the chart below you will find specific activities and resources for each action of the Rise to Health Coalition.

ACTION: Commit to Acting for Equity	
Activity	Resource
Commit to acting for equity by joining the Rise to Health Coalition	Sign up and become a member of the Rise to Health Coalition <ul style="list-style-type: none"> • <u>Join the Rise to Health Coalition</u>
ACTION: Getting Grounded in History & Your Local Context: Get grounded in the collective history of racism and other inequities present in your environment	
Activity	Resource
Tier I Activity: Engage in educational and professional development opportunities that equip health care professionals to advance racial justice and health equity	<p>Report: <u>The Groundwater Approach: building a practical understanding of structural racism.</u></p> <p>Webinars: <u>National Health Equity Grand Rounds</u></p> <p>Online Courses:</p> <ul style="list-style-type: none"> • <u>IHI TA 104: Building Skills for Anti-Racism Work: Supporting the Journey of Hearts, Minds, & Action</u> • <u>AMA Course: Basics of Health Equity Course</u>
Tier I Activity: Use self-assessment tools to identify areas for improvement	TBD

<p>Tier II Activity (6 mos): Identify and join an interprofessional equity community for mutual learning, support, practice, advocacy, and/or collective effort</p>	<p>Enroll in the Individual Peer Affinity Group: Conversations in Healthcare on Equity</p>
<p>Tier III Activity (12+ mos): Identify historical and contemporary examples of inequitable harms in national, local, and organizational policies and practices</p>	<p>Report: The Groundwater Approach: building a practical understanding of structural racism.</p> <p>Webinars: National Health Equity Grand Rounds</p> <p>Online Courses:</p> <ul style="list-style-type: none"> • IHI TA 104: Building Skills for Anti-Racism Work: Supporting the Journey of Hearts, Minds, & Action • AMA Course: Basics of Health Equity Course • Antiracism in Health Care Curriculum
<p>ACTION: Identify Opportunities for Improvement: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed</p>	
<p>Activity</p>	<p>Resource</p>
<p>“Starter” or Tier I Activity: Learn about strong practices for taking action to address inequities, including communication, shared decision-making, and interprofessional collaboration</p>	<p>Tools: IHI 3-Part Data Review</p> <p>Course: AMA Course: Equity Informed High Reliability Course</p>
<p>“Starter” or Tier I Activity: Identify and report inequities in patient care using patient safety/sentinel event mechanism at your institution or externally</p>	<p>TBD</p>

ACTION: Taking Initiative with Others: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed	
Activity	Resource
<p>“Starter” or Tier I activity: Identify potential solutions with the team, prioritize them and test one of them to address the inequity.</p>	
<p>Tier II Activity (6 mos): Learn how to measure, evaluate, and share your equity work, including through storytelling</p>	
<p>Tier II Activity (6 mos): Know what resources are available to you for help and support if experiencing harm in doing equity work, and share these resources with your interprofessional equity community</p>	
<p>Tier III Activity (12+ mos): Evaluate your impact and share your learning</p>	
ACTION: Align, Invest, and Advocate for Thriving Communities: Work with your local team to identify inequities present in your work that matter to marginalized people who are being harmed	
Activity	Resource
<p>“Starter” or Tier I activity: Build momentum for this coalition by inviting your colleagues and your organization to participate</p>	<p>Sign up and become a member of the Rise to Health Coalition</p> <ul style="list-style-type: none"> • Join the Rise to Health Coalition
<p>Tier II Activity (6 mos): Participate in civic</p>	<p>Sign up for Vot-ER.</p>

engagement (e.g., by voting, local policymaking, community organizing)	Vot-ER develops nonpartisan civic engagement tools and programs for every corner of the healthcare system—from private practitioners to medical schools to hospitals.
Tier III Activity (12+ mos): Advocate for reforms to address social and structural drivers of health at the national, state, and/or local levels	Become a member of your professional society
Tier III Activity (12+ mos): Advocate for reforms to diversify the health care workforce	Become a member of your professional society